

VEGAN STARTERS

TOM KHA WITH VEG or TOFU

Coconut Broth with Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass.

VEGAN SPRING ROLLS (1)

with Mushrooms, Carrot, Cabbage & Glass Noodles served with a Sweet Chilli Sauce.

VEGAN THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip.

ASIAN VEGAN SALAD (5, 6, 8, 11)

Mixed Asian Salad with Peppers, Onions, Carrots, Spring Onions, Asian Greens, Cherry Tomatoes, Cucumber, Coriander, Chilli & Sesame Seeds with a Peanut Butter & Tamarind Dressing.

VEGAN MAINS

YELLOW CURRY 🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots.

CHILLI STIR-FRY (1, 6) 🌶️🌶️

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies.

GINGER STIR-FRY (1, 6) 🌶️

A Zingy Stir-Fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger.

RTG VEGETABLE STIR-FRY (1, 6)

A tasty mixture of Asian Greens, Baby Corn, Shiitake Mushrooms, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce.

SWEET CHILLI STIR-FRY (11) 🌶️

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Bean Sprouts, Onions & our own Sweet Chilli Sauce.

ALL CURRY & STIR FRY DISHES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

VEGAN NOODLE DISHES

VEGAN PHAD THAI (1, 5, 6)

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Peanuts, Soy Beans, Baby Corn & Spring Onions in our Vegan Sauce.

VEGAN PHAD KHEE MAO (1, 6) 🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies.

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

ALLERGEN KEY

1. WHEAT, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS,
6. SOYBEANS, 7. MILK, 8. NUTS, 9. CELERY, 10. MUSTARD,
11. SESAME SEEDS, 12. SULPHUR DIOXIDE & SULPHITES,
13. LUPIN, 14. MOLLUSCS



RED TORCH GINGER



SANDYFORD

EARLY BIRD DINNER MENU

Please note: Early Bird finishes strictly at 6pm and Early Bird tables must be returned in time for evening sittings.

Due to time constraints during peak days there may not be time for dessert with early bird. Please ask a staff member who will be happy to advise you on this.

EARLY BIRD MENU €26.95 PP

ONE STARTER | ONE MAIN

SHARING PLATTERS + €5 RTG COMBO + €6 DUCK PANCAKES (Between 2 PAX)

STARTERS

VEGETARIAN SPRING ROLLS (1)

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles served with a Sweet Chilli Sauce

PORK WONTONS (1, 6, 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip

KOREAN STYLE CHICKEN WINGS (1, 3, 6)

Sticky & Sweet Crispy Chicken Wings, served with a Coconut & Chilli Sauce

FIVE SPICE CALAMARI (1, 3, 4, 14)

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on top of Mixed Leaves

THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip

SATAY CHICKEN (5, 8)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce

SHARING PLATTERS FOR TWO

AROMATIC DUCK PANCAKES (1, 6)

(€6 Supp) (Must be ordered between two early birds)

Sliced Crispy Duck served with Julienne Carrot, Spring Onion & Cucumber, Steamed Pancakes & Hoisin Sauce

RED TORCH GINGER COMBO (1, 2, 3, 5, 6, 8)

(€5 Supp) (Must be ordered between two early birds)

Two pieces each of: Chicken Satay, Spring Rolls, Thai Samosas, Panko Prawns, Pork Wontons, & selection of dips

THAI SOUPS

TOM YUM (4)

A delicious Hot & Spicy Soup with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

TOM KHA

Coconut Broth with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

Tofu | Chicken | Prawns

SALADS

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing

THAI BEEF +€2 (1, 4, 6, 14)

Sliced Pan-Fried Irish Fillet Beef

PAN FRIED CHICKEN (1, 4, 6, 14)

Sliced Pan-Fried Chicken Breast

CRISPY DUCK +€2 (1, 4, 6, 14)

Sliced Crispy Duck Breast

CRISPY CHICKEN

Crisp Fried Chicken Breast Pieces (1, 3, 4, 6)



THAI CURRIES

Chicken + €0 | Prawn + €0
Duck + €2 | Fillet Beef +€2
Sea Bass + €3

MASSAMAN (2, 4, 5, 8)

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

THAI YELLOW CURRY

A Rich Curry flavoured with Turmeric, which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots

THAI GREEN CURRY (2, 4, 6)

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

NOODLE DISHES

Chicken + €0 | Prawn + €0
Duck + €2 | Fillet Beef +€2
Sea Bass + €3

PHAD THAI (1, 3, 5, 6, 14)

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top

SINGAPORE NOODLES (1, 3, 5, 6, 8, 14)

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts, Peanut Sauce & Crisp Shallots on top, along with Malaysian & Indian Spices

THESE DISHES ARE COOKED RAPIDLY ON HIGH HEAT & PACKED FULL OF FLAVOUR

PHAD KHEE MAO (1, 6, 14)

This fiery Rice Noodle dish is popularly known as Drunkards Noodles in Thailand. Peppers, Onions, Green Beans, Spring Onions, Carrots, Bean Sprouts, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots

IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK

STIR - FRY DISHES

Chicken + €0 | Prawn + €0
Duck + €2 | Fillet Beef +€2
Sea Bass + €3

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN

ALL STIR-FRIES ARE SERVED WITH STEAMED JASMINE RICE

SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN-GREENS/STIR FRIED POTATOES €4

OYSTER SAUCE (1, 6, 11, 14)

A tasty savoury stir-fry made with Oyster Sauce, Mushrooms, Peppers, Onions, Carrots, Spring Onions & a hint of Sesame Oil.

SWEET CHILLI CHICKEN (1, 3, 6, 14)

Crispy Chicken Pieces stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans & our Sweet Chilli Sauce

CHILLI BEEF (1, 6, 14)

Sliced Irish Beef Fillet stir-fried with Peppers, Onions, Green Beans, Spring Onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

CHICKEN CASHEW NUT (1, 6, 8, 14)

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce

GARLIC & PEPPER BEEF +€2 (1, 6, 14)

Prime Irish Beef, sliced and cooked in Oyster Sauce with Cracked Black Pepper, Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top

ASIAN DUCK +€2 (1, 6, 11, 14)

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Chillies & Bean Sprouts

GINGER (1, 2, 6, 14) (Prawns | Fillet Beef)

A zingy stir-fry cooked with Shiitake Mushrooms, Peppers, Bulton Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger

RED TORCH GINGER SPECIALS

Chicken + €0 | Prawn + €0
Duck + €2 | Fillet Beef +€2
Sea Bass + €3

THESE DISHES OFFER A MORE LUXURIOUS TASTE OF THAILAND & SOUTH EAST ASIA

DRUNKEN PRAWNS (1, 2, 6, 14)

Tiger Prawns in Shao Xing Wine & Shredded Ginger, served with stir-fried Asian Greens, Bamboo Shoots, Onions, Carrots Peppers & Spring Onions

CRISPY DUCK TAMARIND (1, 6, 14)

Thai Style Roast Duck, sliced & served on a garnish of Fried Noodles with Stir-Fried Mixed Veg (Bell Peppers, Asian Greens, Spring Onions, Soya Beans, Onions & Carrots) and a side dish of Sweet Tamarind Sauce .

HOT CHILLI SAUCE (1, 2, 6, 14) (Tiger Prawns | Crispy Duck)

A Spicy Stir-fry made with Homemade Chilli Sauce, Asian Greens, Baby Corn, Chillies, Peppers, Onions, Carrots & Spring Onions

NASI GORENG (1, 2, 3, 6, 14)

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers

ADDITIONAL SIDES

BROWN RICE €3.50

STEAMED RICE €3.00

EGG FRIED RICE (3) €3.25

CHIPS €3.50

EGG NOODLES (1, 3, 6, 14) €4.50

PRAWN CRACKERS (1, 2, 4) €3.50

CHIPS €4.00

STIR-FRIED POTATOES €6.00

with Garlic, Spring Onions & Carrots

STIR-FRIED GREENS (1, 6, 14) €6.00

Pak Choi, Green Beans & Broccoli in Oyster Sauce



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