

VEGAN STARTERS

TOM KHA WITH VEG or TOFU

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass. €8.50

VEGAN SPRING ROLLS (1)

with Carrot, Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce €9.50

VEGAN THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip €10.00

ASIAN VEGAN SALAD (5, 6, 8, 11)

Mixed Asian Salad with Peppers, Onions, Carrots, Spring Onions, Asian Greens, Cherry Tomatoes, Cucumber, Coriander, Chilli & Sesame Seeds with a Peanut Butter & Tamarind Dressing. €8.45

VEGAN MAINS

YELLOW CURRY 🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots. €19.00

CHILLI STIR-FRY (1, 6) 🌶️🌶️

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies. €19.00

GINGER STIR-FRY (1, 6, 11) 🌶️

A Zingy Stir-Fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger. €19.00

RTG VEGETABLE STIR-FRY (1, 6)

A tasty mixture of Asian Greens, Baby Corn, Shiitake Mushrooms, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce. €19.00

SWEET CHILLI STIR-FRY (1, 6) 🌶️

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce. €19.00

TOFU CAN
BE ADDED
TO DISHES
ON
REQUEST

ALL CURRY & STIR FRY DISHES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €1.50, CHIPS €2, NOODLES €2.50, ASIAN GREENS/STIR FRIED POTATOES €4

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

VEGAN NOODLE DISHES

VEGAN PHAD THAI (1, 5, 6)

Our Classic Pad Thai made the vegan way.

We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Peanuts, Soy beans, Baby Corn & Spring Onions in our Vegan Sauce. €19.00

VEGAN PHAD KHEE MAO (1, 6) 🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Bean Sprouts, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies. €19.00

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

ALLERGEN KEY

1. WHEAT, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS,
6. SOYBEANS, 7. MILK, 8. NUTS, 9. CELERY, 10. MUSTARD,
11. SESAME SEEDS, 12. SULPHUR DIOXIDE & SULPHITES,
13. LUPIN, 14. MOLLUSCS



RED TORCH
GINGER

SANDYFORD

A LA CARTE MENU

RED TORCH GINGER SANDYFORD,
THE CHASE BUILDING, CARMANHALL ROAD,
SANDYFORD

SANDYFORD@REDTORCHGINGER.IE
REDTORCHGINGER.IE/SANDYFORD

STARTERS

VEGETARIAN SPRING ROLLS (1)

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles, served with a Sweet Chilli Sauce €9.50

PORK WONTONS (1, 6, 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip €10.00

KOREAN STYLE CHICKEN WINGS (1, 3, 6)

Sticky & Sweet Crispy Chicken Wings, served with a Coconut & Chilli Sauce €9.50

FIVE SPICE CALAMARI (1, 3, 4, 14)

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on top of Mixed Leaves €10.00

THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip €10.00

SATAY CHICKEN (5, 8)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce €10.00

DIM SUM TRIO (1, 6, 11)

6 Steamed Gyoza Dumplings (Two Minced Chicken, Two Minced Pork & Two Minced Vegetable) served with Dim Sum Dipping Sauce €12.00

PANKO PRAWNS (1, 2, 3)

Tiger Prawns in Coconut & Japanese Breadcrumbs Batter, served with Sweet Chilli Sauce €10.50

SHARING PLATTERS FOR TWO

AROMATIC DUCK PANCAKES (1, 6)

Sliced Crispy Duck served with Julienne Carrot, Spring Onion & Cucumber, Steamed Pancakes & Hosin Sauce €24.95

RED TORCH GINGER COMBO (1, 2, 3, 5, 6, 8)

Two pieces each of: Chicken Satay, Spring Rolls, Thai Samosas, Panko Prawns, Pork Wontons, & selection of dips €20.95

THAI SOUPS

TOM YUM (4) 🍴

A delicious Hot & Spicy Soup with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

TOM KHA

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

Tofu €8 | Chicken €9 | Prawns €9

SALADS

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing

THAI BEEF (1, 4, 6, 14) 🍴🍴

Sliced Pan-fried Irish Fillet Beef €23.00

PAN FRIED CHICKEN (1, 4, 6, 14) 🍴🍴🍴

Sliced Pan-fried Chicken Breast €21.00

CRISPY DUCK (1, 4, 6, 14) 🍴🍴🍴

Sliced Crispy Duck Breast €23.00

CRISPY CHICKEN (1, 3, 4, 6) 🍴🍴

Crisp Fried Chicken Breast Pieces €21.00



THAI CURRIES

TOFU €19.00
CHICKEN €23.00
TIGER PRAWNS €23.00

DUCK €25.00
FILLET BEEF €25.00
SEA BASS €28.00

MASSAMAN (2, 4, 5, 8) 🍴

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

PANANG (2, 4, 5, 8) 🍴🍴

A Rich and Creamy Curry made with Thai Basil Leaves & Crushed Peanuts

THAI YELLOW CURRY 🍴

A Rich Curry flavoured with Turmeric, which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots

THAI RED CURRY (2, 4, 6) 🍴🍴🍴

This Medium Spiced Curry with a hint of sweetness is big on flavour & comes with Peppers, Butternut Squash, Courgettes, Bamboo Shoots, Soya Beans & Thai Basil.

THAI GREEN CURRY (2, 4, 6) 🍴🍴🍴

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

NOODLE DISHES

TOFU €19.00
CHICKEN €23.00
TIGER PRAWNS €23.00

DUCK €25.00
FILLET BEEF €25.00
SEA BASS €28.00

PHAD THAI (1, 3, 5, 6, 14) 🍴

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top

THESE DISHES ARE COOKED RAPIDLY ON HIGH HEAT & PACKED FULL OF FLAVOUR

SINGAPORE NOODLES (1, 3, 5, 6, 8, 14) 🍴

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts & Crisp Shallots on top, along with Malaysian & Indian Spices and Peanut Sauce

PHAD KHEE MAO (1, 6, 14) 🍴🍴🍴

This is a fiery Rice Noodle dish, known as Drunkard's Noodles in Thailand. Peppers, Onions, Green Beans, Spring Onions, Carrots, Bean Sprouts, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots

CHIANG MAI NOODLES (1, 2, 3, 6, 14) 🍴

Stir-fried Egg Noodles with Peppers, Asian Greens, Spring Onions, Bean Sprouts, Onions, Carrots, Fried Shallots & our Secret Chilli Sauce, flavoured with Galangal, Turmeric & Ka Chai with Crisp Shallots on top

IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK YOUR

STIR - FRY DISHES

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN

ALL STIR-FRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

OYSTER SAUCE (1, 6, 11, 14) [Chicken €23.00, Prawns €23.00, Fillet Beef €25.00]

A tasty savoury stir-fry made with Oyster Sauce, Mushrooms, Peppers, Broccoli Onions, Carrots, Spring Onions & a hint of Sesame Oil.

SWEET CHILLI CHICKEN (1, 3, 6, 11, 14) 🍴

Crispy Chicken Pieces stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans & our Sweet Chilli Sauce €24.00

CHILLI BEEF (1, 6, 14) 🍴🍴🍴

Sliced Irish Beef Fillet stir-fried with Peppers, Onions, Green Beans, Spring onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce €25.00

RTG SPICE RATING: 🍴 MILD 🍴🍴 MEDIUM 🍴🍴🍴 HOT

CHICKEN CASHEW NUT (1, 6, 8, 14) 🍴

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce €23.00

GARLIC & PEPPER BEEF (1, 6, 14) 🍴

Prime Irish Beef Fillet, sliced and cooked in Oyster Sauce with Cracked Black Pepper, Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top €25.00

ASIAN DUCK (1, 6, 11, 14) 🍴

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Chillies & Bean Sprouts €25.00

GINGER (1, 2, 6, 14) [Prawns €23.00, Fillet Beef €25.00] 🍴

A zingy stir-fry cooked with Shiitake Mushrooms, Button Mushrooms, Peppers, Spring Onions, Carrots, Onions, Peppers & Shredded Ginger

RED TORCH GINGER SPECIALS

THESE DISHES OFFER A MORE LUXURIOUS TASTE OF THAILAND & SOUTH EAST ASIA

STEAMED SEA BASS (1, 4, 6, 8, 9, 14)

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions, Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Savoury Soy Sauce €28.00

CRISPY SEA BASS CHILLI & LIME (1, 3, 4, 6) 🍴🍴🍴

Two Sea Bass Fillets, lightly battered & served on Steamed Vegetables (Butternut Squash, Onions, Asian Greens, Peppers, Broccoli, Soy Beans, Carrots & Spring Onions) with our Spicy Chilli & Lime Dressing €28.00

CHILLI SEA BASS (1, 4, 6, 8, 9, 14) 🍴🍴🍴

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions, Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Spicy Chilli Sauce €28.00

DRUNKEN PRAWNS (1, 2, 6, 14)

Tiger Prawns in Shao Xing Wine & Shredded Ginger, served with stir-fried Asian Greens, Bamboo Shoots, Onions, Carrots Peppers & Spring Onions €25.00

CRISPY DUCK TAMARIND (1, 6, 14)

Thai Style Roast Duck, sliced & served on a garnish of Fried Noodles with Stir-fried Mixed Veg (Bell Peppers, Asian Greens, Spring Onions, Soya Beans, Onions & Carrots) and a side dish of Sweet Tamarind Sauce €26.00

HOT CHILLI SAUCE (1, 2, 6, 14) [Tiger Prawns €23.00 or Crispy Duck €25.00] 🍴🍴🍴

A Spicy Stir-fry made with Homemade Chilli Sauce, Asian Greens, Baby Corn, Chillies, Peppers, Onions, Carrots & Spring Onions

RTG FRIED RICE (1, 2, 3, 6, 14) [Chicken €23.50 | Prawns €23.50]

Our House Fried Rice with Scallions, Carrots & Onions, served with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers

NASI GORENG (1, 2, 3, 6, 14) 🍴

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers

Tofu €19.00 | Chicken €23.00 | Fillet Beef €25.00 | Duck €25.00 | Tiger Prawns €23.00

THAI SEAFOOD BUCKET (1, 2, 4, 7, 14) 🍴🍴

A dish made famous in the night markets of Thailand. Mixed Seafood in a Rich Creamy Sauce with Mini Corns, Onions, Scallions, Coriander, Peppers & Basil €30.00

ADDITIONAL SIDES

BROWN RICE €3.75

STEAMED RICE €3.25

EGG FRIED RICE (3) €3.75

CHIPS €4.00

EGG NOODLES (1, 3, 6, 14) €4.50

PRAWN CRACKERS €3.50 (1, 2, 4)

STIR-FRIED POTATOES €6.00

with Garlic, Spring Onions & Carrots

STIR-FRIED GREENS (1, 6, 14) €6.00

Pak Choi, Green Beans & Broccoli in Oyster Sauce

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

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