# VEGAN STARTERS

#### TOM KHA WITH VEG or TOFU

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass. €8.50

#### **VEGAN SPRING ROLLS (1)**

with Carrot, Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce. €9.50

#### **VEGAN THAI SAMOSAS** [1, 6]

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip. €10.00

## **ASIAN VEGAN SALAD** (1, 5, 6, 8, 11)

Mixed Asian Salad with Peppers, Onions, Carrots, Spring Onions, Asian Greens, Cherry Tomatoes, Cucumber, Coriander, Chilli & Sesame Seeds with a Peanut Butter & Tamarind Dressing. €8.45

# VEGAN MAINS

# YELLOW CURRY 🍠

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots. €19.00

# CHILLI STIR-FRY (1.6) JJJ

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies. €19.00

### GINGER STIR-FRY (1, 6, 11)

A Zingy Stir-Fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger. £19.00

## RTG VEGETABLE STIR-FRY (1, 6)

A tasty mixture of Asian Greens, Baby Corn, Shiitake Mushrooms, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce. €19.00

# SWEET CHILLI STIR-FRY (1, 6)

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce. €19.00

ALL CURRY & STIR FRY DISHES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €1.50, CHIPS €2, NOODLES €2.50, ASIAN GREENS/STIR FRIED POTATOES €4

RTG SPICE RATING: J MILD

ILD **JJ** MEDIUM

ISS HOT

BE ADDED TO DISHES ON REQUEST

# VEGAN NOODLE DISHES

# **VEGAN PHAD THAI** (1, 5, 6, 8)

Our Classic Pad Thai made the vegan way.

We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Peanuts, Soy beans, Baby Corn & Spring Onions in our Vegan Sauce. €19.00

## **VEGAN PHAD KHEE MAO (1, 6)**

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Bean Sprouts, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies. €19.00

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

# ALLERGEN KEY

1. WHEAT, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS, 6. SOYBEANS, 7. MILK, 8.NUTS, 9. CELERY, 10.MUSTARD, 11. SESAME SEEDS, 12. SULPHUR DIOXIDE & SULPHITES, 13. LUPIN, 14. MOLLUSCS



RED TORCH GINGER SANDYFORD, THE CHASE BUILDING, CARMANHALL ROAD, SANDYFORD

> SANDYFORD@REDTORCHGINGER.IE REDTORCHGINGER.IE/SANDYFORD



SANDYFORD

A LA CARTE MENU

# STARTERS

#### **VEGETARIAN SPRING ROLLS (1)**

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles, served with a Sweet Chilli Sauce. €9.50

#### PORK WONTONS (1 6 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip. €10.00

#### KOREAN STYLE CHICKEN WINGS (1, 3, 6)

Sticky & Sweet Crispy Chicken Wings, served with a Coconut & Chilli Sauce. €9.50

#### FIVE SPICE CALAMARI (1, 3, 4, 14)

Crispu Calamari Pieces. served with Spring Onions. Chillies. Carrots & Onions on top of Mixed Leaves. €10.00

#### THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip. €10.00

#### SATAY CHICKEN (1, 5, 8)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce €10.00

#### **DIM SUM TR10** (1, 6, 11)

6 Steamed Gyoza Dumplings (Two Minced Chicken, Two Minced Pork & Two Minced Vegetable) served with Dim Sum Dipping Sauce €12.00

#### PANKO PRAWNS (1, 2, 3)

Tiger Prawns in Coconut & Japanese Breadcrumb Batter, served with Sweet Chilli Sauce €10.50

# SHARING PLATTERS FOR TWO

#### **AROMATIC DUCK PANCAKES (1...6)**

Sliced Crispy Duck served with Julienne Carrot, Spring Onion & Cucumber, Steamed Pancakes & Hosin Sauce. €24.95

# RED TORCH GINGER COMBO (1, 2, 3, 5, 6, 8)

Two pieces each of: Chicken Satay, Spring Rolls, Thai Samosas, Panko Prawns, Pork Wontons, & selection of dips. €20.95

# THAI SOUPS

## TOM YUM (4)

A delicious Hot & Spicu Soup with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass.

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass.

Tofu €8 | Chicken €9 | Prawns €9

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing.

#### THAI BEEF (1, 4, 6, 14)

Sliced Pan-Fried Irish Fillet Beef €23.00

# PAN FRIED CHICKEN (1, 4, 6, 14)

Sliced Pan-Fried Chicken Breast €21.00

#### CRISPY DUCK (1, 4, 6, 14)

Sliced Crispy Duck Breast €23.00

# CRISPY CHICKEN (1, 3, 4, 6)

Crisp Fried Chicken Breast Pieces €21.00



# THAI CURRIES

T0FU €19.00 CHICKEN €23.00

DUCK €25.00 FILLET BEEF €25.00 TIGER PRAWNS €23.00 SEA BASS €28.00

# MASSAMAN (2, 4, 5, 8)

A Mild Savouru Curru, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

# **PANANG** (2, 4, 5, 8)

A Rich and Creamy Curry made with Thai Basil Leaves & Crushed Peanuts.

### THAI YELLOW CURRY 🌙

A Rich Curry flavoured with Turmeric., which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots

# THAI RED CURRY (2, 4, 6)

This Medium Spiced Curry with a hint of sweetness is big on flavour & comes with Peppers, Butternut Squash, Courgettes, Bamboo Shoots, Soya Beans & Thai Basil.

## THAI GREEN CURRY (2, 4, 6)

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €1.50. CHIPS €2. NOODLES €2.50, ASIAN GREENS/STIR FRIED POTATOES €4

T0FU €19.00 CHICKEN €23.00 TIGER PRAWNS €23.00

DUCK €25.00 FILLET BEEF €25.00 SEA BASS €28.00

THESE DISHES ARE

COOKED RAPIDLY ON

HIGH HEAT & PACKED

FULL OF FLAVOUR

PHAD THAI (1, 3, 5, 6, 14) Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top.

# **SINGAPORE NOODLES** (1,, 3, 5, 6, 8, 14)

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts & Crisp Shallots on top, along with Malaysian & Indian Spices and Peanut Sauce.

# PHAD KHEE MAO (1, 6, 14)

This is a fiery Rice Noodle dish, known as Drunkard's Noodles in Thailand. Peppers, Onions, Green Beans, Spring Onions, Carrots, Bean Sprouts, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots.

# CHIANG MAI NOODLES (1, 2, 3, 6, 14)

Stir-fried Egg Noodles with Peppers, Asian Greens, Spring Onions, Bean Sprouts, Onions, Carrots, Fried Shallots & our Secret Chilli Sauce, flavoured with Galangal, Turmeric & Ka Chai with Crisp Shallots on top.

# IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK YOUR

# STIR - FRY DISHES

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN. ON

ALL STIR-FRIES ARE SERVED WITH STEAMED IASMINE RICE SWITCH TO FRIED/BROWN RICE €2.50, ASIAN GREENS/STIR

# **OYSTER SAUCE** (1, 6, 11, 14) (Chicken €23.00, Prawns €23.00, Fillet Beef €25.00)

A tasty savoury stir-fry made with Oyster Sauce, Mushrooms, Peppers, Broccoli Onions, Carrots, Spring Onions & a hint of Sesame Oil.

#### SWEET CHILLI CHICKEN (1, 3, 6, 11, 14)

Crispy Chicken Pieces stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans & our Sweet Chilli Sauce. €24.00

# CHILLI BEEF (1, 6, 14) **JJJ**

Sliced Irish Beef Fillet stir-fried with Peppers, Onions, Green Beans, Spring onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce €25.00

## RTG SPICE RATING:

**∌** MILD



ISS HOT

# CHICKEN CASHEW NUT (1, 6, 8, 14)

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce. €23.00

# GARLIC & PEPPER BEEF (1, 6, 14)

Prime Irish Beef Fillet, sliced and cooked in Ouster Sauce with Cracked Black Pepper. Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top. €25.00

#### **ASIAN DUCK** (1, 6, 11, 14)

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Chillies & Bean Sprouts. €25.00

#### **GINGER** (1, 2, 6, 14) (Prawns €23.00, Fillet Beef €25.00)

A zingy stir-fry cooked with Shiitake Mushrooms, Button Mushrooms, Peppers, Spring Onions, Carrots, Onions, Peppers & Shredded Ginger.

# RED TORCH GINGER SPECIALS

THESE DISHES OFFER A MORE LUXURIOUS TASTE OF THAILAND & SOUTH EAST ASIA.

## **STEAMED SEA BASS** (1, 4, 6, 8, 9, 14)

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions, Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Savoury Soy Sauce. €28.00

# CRISPY SEA BASS CHILLI & LIME (1,, 3, 4, 6)

Two Sea Bass Fillets, lightly battered & served on Steamed Vegetables (Butternut Squash, Onions, Asian Greens, Peppers, Broccoli, Soy Beans, Carrots & Spring Onions) with our Spicy Chilli & Lime Dressing €28.00

# CHILLI SEA BASS (1, 4, 6, 8, 9, 14)

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions. Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Spicy Chilli Sauce. €28.00

#### **DRUNKEN PRAWNS** (1, 2, 6, 14)

Tiger Prawns in Shao Xing Wine & Shredded Ginger, served with stir-fried Asian Greens, Bamboo Shoots, Onions, Carrots Peppers & Spring Onions. €25.00

### CRISPY DUCK TAMARIND (1, 6, 14)

Thai Style Roast Duck, sliced & served on a garnish of Fried Noodes with Stir-Fried Mixed Veg (Bell Peppers, Asian Greens, Spring Onions, Soya Beans, Onions & Carrots) and a side dish of Sweet Tamarind Sauce. €26.00

#### HOT CHILLI SAUCE (1, 2, 6, 14) (Tiger Prawns €23.00 or Crispy Duck €25.00)

A Spicy Stir-Fry made with Homemade Chilli Sauce, Asian Greens, Baby Corn, Chillies, Peppers, Onions, Carrots & Spring Onions.

# **RTG FRIED RICE** (1, 2, 3, 6, 14) (Chicken €23.50 | Prawns. €23.50)

Our House Fried Rice with Scallions, Carrrots & Onions, served with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers.

# NASI GORENG (1, 2, 3, 6, 14)

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers.

## Tofu €19.00 | Chicken €23.00 | Fillet Beef €25.00 | Duck €25.00 | Tiger Prawns €23.00

# THAI SEAFOOD BUCKET (1, 2, 4, 7, 14)

A dish made famous in the night markets of Thailand,. Mixed Seafood in a Rich Creamy Sauce with Mini Corns, Onions, Scallions, Coriander, Peppers & Basil €30.00

# ADDITIONAL SIDES

BROWN RICE €3.75 STEAMED RICE €3.25 EGG FRIED RICE (3) €3.75 CHIPS €4 00

PRAWN CRACKERS €3.50 (1, 2, 4)

STIR-FRIED POTATOES €6.00 with Garlic, Spring Onions & Carrots. STIR-FRIED GREENS (1, 6, 14) €6.00

EGG NOODLES (1, 3, 6, 14) €4.50 Pak Choi, Green Beans & Broccoli in Oyster Sauce.

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.