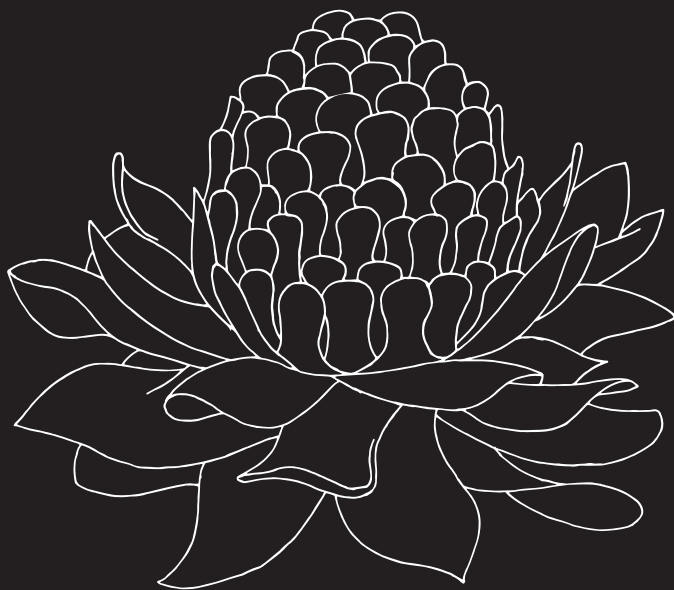


LUNCH

SERVED UNTIL 14.15PM



WELCOME TO RED TORCH GINGER MAYNOOTH

ALL OF OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH FILLET BEEF

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING

A 12.5% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE

ALLERGEN INFORMATION:

1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk
8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphites 13. Lupin 14. Molluscs

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

RTG LUNCH SET MENU



CHOOSE ONE STARTER, ONE MAIN & ONE DRINK FROM THIS MENU €21.95

Duck + €2 | Sea Bass or Beef Fillet + €3 | Mixed Seafood + €4

Substitute drink with glass of House Wine/Prosecco or pint of Draught Beer + €4.95

STARTERS

VEGETABLE SPRING ROLLS (1)

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles with Sweet Chilli Sauce €9.50

DUCK ROLLS (1, 6, 11)

Crispy Filo Rolls filled with Shredded Duck & Julienne Vegetables with Hoi Sin Dipping Sauce €10.95

PORK WONTONS (1, 6, 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip €10.00

KOREAN GOCHUJANG CHICKEN WINGS (1, 3, 6, 11, 14)

Crispy Lightly-Battered Chicken Wings tossed in a Mildly Spiced, Sweet & Sticky Gochujang Korean Sauce topped with Sesame Seeds €10.50

COCONUT AND SRIRACHA CHICKEN WINGS (1, 3, 6, 14)

Crispy Lightly-Battered Chicken Wings tossed in a Coconut & Sriracha Sauce €10.50

FIVE SPICE CALAMARI (1, 3, 4, 14)

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on Mixed Leaves €10.00

THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip €10.00

SATAY CHICKEN (1, 5, 8)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce €10.00

PORK BELLY (1, 6)

Crisped Pork Belly Slices glazed with a 5 Spice Honey Sauce, with a Soy Dip €11.95

DIM SUM TRIO (1, 6, 11)

6 Steamed Gyoza Dumplings (Two Minced Chicken, Two Minced Pork & Two Minced Vegetable) served with Dim Sum Dipping Sauce €12.00

PANKO PRAWNS (1, 2, 3)

Tiger Prawns in Coconut & Japanese Breadcrumb Batter, served with Sweet Chilli Sauce €10.50

THAI SOUPS

TOM YUM (4)

A delicious Hot & Sour Soup with Mushrooms, Spring Onions, Chilli, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

TOM KHA

Coconut Broth with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

Tofu €8 | Chicken €9 | Prawns €9

SALADS

These meats are sauteed & mixed up with our salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing

THAI BEEF (1, 4, 6, 14)

Sliced Pan-Fried Irish Fillet Beef €17.95

PAN FRIED CHICKEN (1, 4, 6, 14)

Sliced Pan-Fried Chicken Breast €16.95

CRISPY DUCK (1, 4, 6, 14)

Sliced Crispy Duck Breast €17.50

CRISPY CHICKEN (1, 3, 4, 6)

Crisp Fried Chicken Breast Pieces €16.95



ASK FOR THEM **THAI -STYLE** TO ADD AN EXTRA KICK | SALADS ARE SERVED WITH NO SIDE

THAI CURRIES

MASSAMAN (2, 4, 5, 8) 🌶️

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots on top

PANANG (2, 4, 5, 8) 🌶️

A delicious Mild Curry made with Thai Basil Leaves & Crushed Peanuts, with Fried shallots and Lime leaf on top

THAI YELLOW CURRY 🌶️

A Rich Curry flavoured with Turmeric, which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots on top

THAI RED CURRY (6, 12) 🌶️🌶️🌶️

This Medium Spiced Curry with a hint of sweetness is big on flavour & comes with Peppers, Butternut Squash, Courgettes, Bamboo Shoots, Soya Beans & Thai Basil

THAI GREEN CURRY (2, 4, 6) 🌶️🌶️🌶️

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil

TOFU €17.95

CHICKEN €17.95

TIGER PRAWNS €17.95

DUCK €18.50

FILLET BEEF €19.50

MIXED SEAFOOD €20.50



ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE

SWITCH TO FRIED RICE, BROWN RICE OR CHIPS + €1.50 OR FINE NOODLES + €3

NOODLE DISHES

PHAD THAI (1, 3, 5, 6, 14)

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top

SINGAPORE NOODLES (1, 3, 5, 6, 8, 14) 🌶️

Fine Noodles cooked with Egg, Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts, Carrots & Crispy Shallots on top, along with Malaysian & Indian Spices

PHAD KHEE MAO (1, 6, 14) 🌶️🌶️🌶️

This fiery Rice Noodle dish is popularly known as Drunkard's Noodles in Thailand. Beansprouts, Peppers, Onions, Green Beans, Spring Onions, Carrots, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots

CHIANG MAI NOODLES (1, 2, 3, 6, 14) 🌶️

Stir-fried Fine Noodles with Egg, Peppers, Asian Greens, Spring Onions, Beansprouts, Onions, Carrots & our Secret Chilli Sauce, flavoured with Galangal, Turmeric & Ka Chai with Crispy Shallots on top

TOFU €17.95

CHICKEN €17.95

TIGER PRAWNS €17.95

DUCK €18.50

FILLET BEEF €19.50

MIXED SEAFOOD €20.50



THESE DISHES ARE COOKED RAPIDLY ON HIGH HEAT & **PACKED FULL OF FLAVOUR**

IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK YOUR SERVER

STIR - FRY DISHES

These dishes are usually stir-fried with Oyster Sauce which is mildly salty and flavoured with various Herbs & Spices. Oyster Sauce contains Oyster Extract and Gluten. We can make our Stir-Fries GF or Vegetarian on request

OYSTER SAUCE (1, 6, 11, 14)

A tasty savoury stir-fry made with Oyster Sauce, Broccoli, Mushrooms, Peppers, Onions, Carrots, Spring Onions & a hint of Sesame Oil

SWEET CHILLI (1, 3, 6, 11, 14) 🌶️

Lightly battered Chicken or Prawns stir-fried with Onions, Scallions, Cherry Tomatoes, Peppers, Carrots, Basil, Green Beans & Sweet Chilli Sauce with Sesame Seeds on top

CHILLI BASIL (1, 6, 14) 🌶️🌶️🌶️

Stir-fry with Peppers, Onions, Green Beans, Spring onions, Carrots, Basil & a whole lot of Chillies in our Seasoning Sauce

CASHEW NUT (1, 6, 8, 14) 🌶️

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in our Seasoning Sauce.

GARLIC & PEPPER (1, 6, 14)

A delicious Stir Fry cooked in our Seasoning Sauce with Cracked Black Pepper, Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top

ASIAN DUCK (1, 6, 11, 14)

Pieces of sliced Duck Breast stir-fried in our Seasoning Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Sesame Oil, Chillies & Bean Sprouts

GINGER (1, 2, 6, 14)

A zingy Stir-Fry cooked with Shiitake Mushrooms, Button Mushrooms, Spring Onions, Carrots, Peppers, Onions & Shredded Ginger



ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE

SWITCH TO FRIED RICE, BROWN RICE OR CHIPS + €1.50 OR FINE NOODLES + €3

TOFU €17.95
CHICKEN €17.95
TIGER PRAWNS €17.95
DUCK €18.50
FILLET BEEF €19.50
MIXED SEAFOOD €20.50

SIDE DISHES

STEAMED RICE €4.00

BROWN RICE €4.50

EGG FRIED RICE (3) €4.50

FINE NOODLES (1, 3, 6, 14) €4.95

PRAWN CRACKERS (1, 2, 4) €4.50

STIR-FRIED POTATOES €8.00

with Garlic, Spring Onions & Carrots

STIR-FRIED GREENS (1, 6, 14) €8.00

Pak Choi, Green Beans & Broccoli in Oyster Sauce

LUNCH DRINKS (ALL €4.25)

HOMEMADE SPARKLING LEMONADE

LEMON AND LIME BITTERS

ICED TEA (PEACH or LEMON)

MINERAL WATER (STILL OR SPARKLING)

JASMINE TEA

HERBAL TEA

IRISH BREAKFAST TEA

AMERICANO COFFEE (PREMIUM COFFEE +€2)

VEGAN MENU

VEGAN STARTERS (All €9.95)

TOM KHA WITH TOFU ⁽⁶⁾

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

VEGETABLE SPRING ROLLS ⁽¹⁾

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles with Sweet Chilli Sauce

THAI SAMOSAS ^(1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip

CRISPY CAULI BITES ^(1, 7)

Cauliflower Florets, dipped in Almond Milk & a Light Flour Batter, deep-fried & served with either our Korean Gochujang Sauce or our Coconut and Sriracha Dip on the side

CRISPY KING OYSTER MUSHROOM BITES ^(1, 7)

Chunky sliced King Oyster Mushrooms, dipped in Almond Milk & Panko Breadcrumbs, deep-fried and served with a Sriracha & Coconut Dipping Sauce

VEGAN NOODLE DISHES (All €20.95)

VEGAN PHAD THAI ^(1, 5, 6, 8)

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Mushroom, Courgette, Beansprouts, Peppers, Onions, Asian Greens, Soy Beans, Baby Corn, Peanuts & Spring Onions in our Vegan Sauce

VEGAN PHAD KHEE MAO ^(1, 6)

Rice Noodles are flash-fried in the wok with Beansprouts, Peppers, Spring Onions, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies

VEGAN CHIANG MAI NOODLES ^(1, 5, 6)

Stir-fried Fine Noodles with Peppers, Asian Greens, Spring Onions, Bean Sprouts, Onions, Carrots & our Secret Chilli Sauce, flavoured with Galangal, Turmeric & Ka Chai with Crispy Shallots on top

VEGAN MAINS (All €17.95)

YELLOW CURRY

A Rich Curry flavoured with Turmeric, this curry comes with Mixed Vegetables, Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots on top

RED CURRY ^(6, 12)

This Medium Spiced Curry with sweet notes is big on flavour with Mixed Vegetables, Peppers, Butternut Squash, Courgettes, Bamboo Shoots, Soya Beans & Thai Basil

CHILLI STIR-FRY ^(1, 6)

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & Fresh Chillies

GINGER STIR-FRY ^(1, 6)

A Zingy Stir-Fry cooked with Peppers, Shiitake Mushrooms, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger

RTG VEGETABLE STIR-FRY ^(1, 6)

A tasty mixture of Asian Greens, Baby Corn, Peppers, Broccoli, Onions, Peppers, Button Mushrooms, Shiitake Mushrooms, Courgette, Soybeans & Carrots, quick-fried with our Vegan Seasoning Sauce

SWEET CHILLI STIR-FRY ^(1, 6, 11)

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce, with Sesame Seeds on Top

VEGAN NASI GORENG ^(1, 6)

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, garnished with a Sliced Tomato & Cucumber



TOFU CAN BE ADDED TO DISHES ON REQUEST

ALL VEGAN MAINS ARE SERVED WITH STEAMED JASMINE RICE

SWITCH TO FRIED RICE, BROWN RICE OR CHIPS + €1.50 OR FINE NOODLES + €3

RTG